

TERM AND MONTH-WISE SPLIT-UP SYLLABI OF CLASS – PRE-NURSERY FOR THE SESSION 2025-2026

SUBJECT: ENGLISH

Textbook: 1. ZEN, We can learn English nursery Course Book
2. ZEN, We can learn English nursery Skill Enhancement Book
3. ZEN, We can learn General Awareness Nursery Course Book

Month	WD	Chapter/ Sub-Topics	Learning Objectives	Key Terms and Concept	Art Integrat ion	Inclusive Teaching	Project / Practical	Research Work Blended Learning	Smart Board Activity	Compete ncy Based Activity Learning	Learning Outcomes
April	24	Setting time English • Standing line	Exhibits motor skills ,eye -hand coordination, and muscles strength in simple activities and shows dexterity in using simple tools for drawing ang coloring.	Rymes time • Baa, Baa black sheep • Scribble away	Making of Family tree	Accessibl e with music	Making of Family tree	Videos	Audio learning	Picture based learning.	Exhibits motor skills ,eye -hand coordination, and muscles strength in simple activities and shows dexterity in using simple tools for drawing ang coloring.
May	08	English • Lets Color • Sleeping line Evs • About me	Demonstrates awareness of self as a unique individual, and shares identifying information, makes choices and express preferences	Concept • Who am I • My Feelings • My Body • My Family	<u>Colorin g the pictures</u> :	Accessibl e with music	<u>Coloring the pictures.</u>	Animatio n	Video learning	Quizzing	Demonstrates awareness of self as a unique individual, and shares identifying information, makes choices and express preferences.

June	14	English •Sleeping Line •Slanting line •Wave Evs • My Home •Me and my Friends	Takes care of belongings, clears away soiled plates and uses dustbin with assistance. Makes connection between objects and their uses.	Concept •Bedroom, Kitchen room, Bathroom, Bed room •I can Help •I love my friends •Fun at school	Making of paper snakes with the help of patterns	Accessible with Art	Making of paper snakes with the help of patterns.	You tube	Audio learning	Picture based learning	Takes care of belongings, clears away soiled plates and uses dustbin with assistance. Makes connection between objects and their uses.
July	26	English •Trace and color •Introduction to the phonics letters •Concept of A-D Evs •All Around me	Listens and repeats a simple rhymes. Identifies common objects. Identifies and names common objects, people, picture, animals, birds, events etc with assistance.	Concept • <u>My Neighborhood</u>	<u>Going on field trip</u>	Accessible with music	<u>Going on field trip</u>	Video gamification	Video learning	Quizzing	Listens and repeats a simple rhymes. Identifies common objects. Identifies and names common objects, people, picture, animals, birds, events etc with assistance.
Aug	22	English •Concept of E-H Evs •Safe And Unsafe	Avoids danger by not touching harmful objects like fire ,hot stove, knife, electric plugs.	Concept •Safe and Unsafe	Moving around the kitchen	Accessible with art	Moving around the kitchen	Animation	Video learning	Picture based learning	Avoid danger by not touching harmful objects like fire ,hot stove, knife, electric plugs.
Sep	05	REVISION									
Oct	13	English •Concept of I-N Evs •Fruits and Vegetables	Begins to use appropriate vocabulary for some common objects. Begins to	Concept •Apple •Banana •Mango •Grapes	Making of different fruits and	Accessible with music	Making of different fruits and vegetable	PPT Slides	Video learning	Logical learning	Begins to use appropriate vocabulary for some common objects. Begins

		•My Health	eat and name a variety of foods with adult prodding	•Orange •Watermelon •Plum ❖ Etc.	vegetables with color paper		s with color paper				to eat and name a variety of foods with adult prodding.
Nov	22	English •Concept of O-R Evs •Animals •Plants •Color	Shows curiosity in observing plants and animals .Identifies and names common objects ,people ,picture ,animals, birds ,events, etc with assistance	Concept •Wild animals •Farm animals •Birds	Making of animals masks with paper	Accessible with music	Making of animals masks with paper	Animation	Audio and video learning	Picture based learning	Shows curiosity in observing plants and animals .Identifies and names common objects ,people ,picture ,animals, birds ,events, etc with assistance.
Dec	23	English •Concept of S-X Evs •Concept of day and night •Introduction to Flowers •Transportation	Differentiated between night and day. Knows that words are made of letters.	Concept •Day and night •Sunflower •Rose •Lotus •Marigold •Hibiscus	Making of pictures of different transportation and coloring	Accessible with art	Making of pictures of different transportation and coloring	Video gamification	Video learning	Picture based learning	Differentiates between night and day. Knows that words are made of letters.
Jan	16	English •Concept of Y-Z •Identification of lowercase letters y-z Evs •Revision	Shows dexterity in using simple tools for drawing and coloring. Listens to and takes Partin conversation with familiar people	Concept •Air transportation •Water transportation	Making of different pictures of transportation	Accessible with music	Making of different pictures of transportation	Videos	Video learning	Picture based learning	Shows dexterity in using simple tools for drawing and coloring. Listens to and takes parts conversation with familiar people.
-Feb		REVISION									
March		BRIDGE CLASS									

SUBJECT: MATHEMATICS

Textbook: 1. Zen, We can learn (Mathematics course book)
2. Zen, We can learn (Mathematics skill enhancement book)

Month	WD	Chapter/ Sub-Topics	Learning Objectives	Key Terms and Concept	Art Integrati on	Inclusive Teaching	Project / Practical	Research Work Blended Learning	Smart Board Activity	Compete ncy Based Activity Learning	Learning Outcomes
April	24	Setting time Scribbling	Exhibits motor skills ,eye -hand coordination, and muscles strength in simple activities and shows dexterity in using simple tools for drawing and coloring.	Concept: Scribbling	Scribbling Activity : Finger print activity.	Accessibl e with music	Scribbling Activity: Finger print activity.	Animation videos	Scribbling	Picture based learning.	Exhibits motor skills ,eye -hand coordination, and muscles strength in simple activities and shows dexterity in using simple tools for drawing and coloring.
May	08	Maths ♦Standing line ♦Sleeping line ♦Slanting line	Demonstrates awareness of self as a unique individual, and shares identifying information, makes choices and express preferences.	<u>Concept: Standing line</u> <u>Sleeping line</u> <u>Slanting line</u>	<u>Making of lines with different grams</u>	Accessibl e with music	<u>Concept: Standing line</u> <u>Sleeping line</u> <u>Slanting line</u>	Videos	Video learning	Picture based learning.	Demonstrates awareness of self as a unique individual, and shares identifying information, makes choices and express preferences.
June	14	Maths ♦Big and small ♦Introduction of numeral 1	Makes connection between objects and their uses. Sorts objects into 2 groups based on size ,lengths,	Concept: Big and Small	Sorting of big and small objects.	Accessibl e with music and art.	Sorting of big and small objects.	Gamificatio n	Video learing	Logical reasoning .	Makes connection between objects and their uses. Sorts objects into 2 groups based on size ,lengths, height and

			height and weight.								weight.
July	26	Maths ♦Tall and Short ♦Introduction to numerals 2-3 ♦Introduction to shapes-Circle	Compares and classifies shapes and follows simple involving shapes. Listens and repeats a simple rhymes. Identifies common objects.	Concept: <u>Tall and short</u> <u>Introduction of numeral Shapes</u>	<u>Building of blocks short and tall</u> <u>Making of necklace with Pasta</u>	Accessible with art	<u>Building of blocks short and tall</u> <u>Making of necklace with Pasta</u>	Animation	Audio and video learning	Picture based learning.	Compares and classifies shapes and follows simple involving shapes. Listens and repeats a simple rhymes. Identifies common objects.
Aug	22	Maths ♦Long and Short ♦Introduction to numerals 4-5 ♦Full and Empty ♦More or Less ♦Shapes -Triangle	Compares two sets of objects and uses vocabulary like more and less	Concept: Long and Short objects Shapes	<u>Filling of bottles with grams with empty and full concept</u>	Accessible with music	<u>Filling of bottles with grams with empty and full concept</u>	Gamification	Video based learning	Picture based learning	Compares two sets of objects and uses vocabulary like more and less.
Sep	05	REVISION									
Oct	13	Maths ♦Inside and Outside ♦Up and Down ♦Heavy and Light	Count objects and develops and understanding of cardinality	Concept: Inside and outside Up and Down Heavy and Light	Making the child understand the concept of heavy and light with stone	Accessible with music	Making the child understand the concept of heavy and light with stone and wool activity	Youtube	Video learning	Picture based learning	Count objects and develops and understanding of cardinality.

					and wool activity.						
Nov	22	Maths ♦Few and Many ♦Shapes-Square ♦Introduction to numerals 6-8	Compares and classifies shapes , and follows simple instructions involving shapes.	Concept: Few and Many Square shape	Making of charts with apples of few and many concept. Making of square bird.	Accessible with music and art	Making of charts with apples of few and many concept. Making of square bird.	Gamification	Video learning	Quizzing	Compares and classifies shapes , and follows simple instructions involving shapes.
Dec	23	Maths ♦Shapes-Rectangle ♦Introduction to numerals 9-10 ♦Front and behind	Names shapes and few properties of shapes. Identifies and names common Objects around them.	Concept: Numerals Front and Behind	Going to the ground for front and behind concept.	Accessible with art.	Going to the ground for front and behind concept	Animation	Audio and video learning	Picture based learning	Names shapes and few properties of shapes. Identifies and names common Objects around them.
Jan	16	Maths ♦Oral of numerals 11-20	Exhibits motor skills ,eye -hand coordination, and muscles strength in simple activities and shows dexterity in using simple	Concept: Introduction to numerals 11 20	Making of numerals chart .	Accessible with music	Making of numerals chart .	Vedio	Audio learning	Quizzing	Exhibits motor skills ,eye -hand coordination, and muscles strength in simple activities and

			tools for drawing and coloring.								shows dexterity in using simple tools for drawing and coloring.
Feb		REVISION									
Mar		BRIDGE CLASS									

SUBJECT: Health And Physical Education

Month	WD	Chapter/ Sub-Topics	Learning Objectives	Key Terms and Concept	Art Integration	Inclusive Teaching	Project / Practical	Research Work Blended Learning	Smart Board Activity	Competency Based Activity Learning	Learning Outcomes
April	24	1.Basic movements of stretching exercises.	# To improve body balance ability.	#Sports Equipment # Tunnel ball game	* Evaluating shape & size.	*Running to be integrated with Physics. * Tunnel Ball game to be integrated with Physics	* Identify sports equipment .	*Animation , *PPT Slides, *YouTube link etc	Audio visual learning	*Oral drilling *Quizzing	# Students will be able to show case their talent.
		2.Introduction of games & sports equipment.	#To improve speed ability.								
		3.Learning & practice of Tunnel Ball game.	# To develop coordination ability.								
		4.Basic movements of Running events.	# To develop body posture.								

May	08	1.Warming-up exercises.	# To improve Flexibility # To improve fitness level and coordination	# Mass Exercises	*Role Play *Music	* Mass PT to be integrated with Mathematics. * warming up and cooling down to be integrated with respiration system.	* Art integrated project * Name any five free hand exercise	*Animation , *PPT Slides, *YouTube link etc	Audio visual learning	*Oral drilling *Quizzing	# Students will be able to show case their talent.
		2.Cooling down exercises.									
June	14	1.Introduction & practice of Yogic Exercises.	# To improve fitness level and coordination. # Improve leg strength.	# Yoga asanas # difference jump # Broad jump. # short jump	*Role Play	* Yoga to be integrated with respiration system. *jump to be integrated with physics.	* Identify any two-yoga pose.	*Animation, *PPT Slides, *YouTube link etc.	Audio visual learning	*Thought provoking *Critical thinking *Logical reasoning *Analyzing, *High order thinking. *Picture based	# Students will be able to understand the rules and regulation of Yoga # Students will be able to understand jump steps
		2.Introduction & basic skill practice of Jump steps.									
July	26	1.Basic movements of Throwing Ball	# Improve hand strength.	* Throwing Ball	*Role Play	* Throwing Ball to be integrated with	*Art integrated project	*Animation , *PPT Slides, *YouTube	Audio visual learning	*High order thinking. *Picture	# Students will be able to understand for throwing ball.

			# Learn the game.			physics.	* Identify the balls.	link etc.		based *Source based learning *Oral drilling	
		2. Mass P.T. practice	# To improve fitness level.								
		3. Game Zone (Children Park)									
Aug	22	1. Basic knowledge of Track & lane and race practice.	# To improve body balance ability.								
		2. Basic step practice of Aerobic exercises.	# To improve speed ability.	#Track Event	# cone marker # stretching exercises.	*Role Play	* Running to be integrated with physics.	*Art integrated project * Name any five free hand exercises.	*Animation, *PPT Slides, *YouTube link etc.	Audio visual learning	*Comprehending *High order thinking. *Picture based *Source based learning *Oral drilling
		3. Basic movements of Running events	# To develop coordination ability. # To develop body posture.								

Sep	05	* Revision practice of previous games. *Assessment of Term - I Examination									
Oct	13	1.Zig Zag Run for Fun	# To improve speed ability.	# cone marker	*Role Play	* Zig Zag Run for Fun to be integrated with physics.	Art integrated project	*Animation , *PPT Slides, *YouTube link etc.	Audio visual learning	*Conceptual learning *Thought provoking	# Students will be able to know about the Fun games.
		2.Hopscotch Fun game	# To improve body balance ability.	# Track lane							
Nov	22	1. Learning & practice of Recreational Game.	# To improve energy level.	#obstecal race	*Role Play	*Aerobic exercises to be integrated with respiration system.	Art integrated project * Name any two running events.	*Animation , *PPT Slides, *YouTube link etc.	Audio visual learning	*Logical reasoning *Analyzing, *Comprehending *High order thinking. *Picture based	# they improve energy level. # They will play fun games easily # Students will be able to their energy level
		2. Events practice of Annual Sports Day.	# To learn & practice of Sports events.	# aerobics # zig zag run							
		3. Hola hoops Fun games	# To improve the mental fitness level	# Game Zone							
Dec	23	1.Practice of the		# Mass	*Role Play	* Mass	Art				

		annual sports meet.	# To develop coordination ability.	Exercises		Exercises to be integrated with respiration system.	integrated project	*Animation , *PPT Slides, *YouTube link etc.	Audio visual learning	*Oral drilling *Quizzing	# Students will be able to show case their talent.
		2. Practice of General Fitness exercises.	# To develop concentration ability.				*Name any five skills.				
Jan	16	Shuttle Run	# To improve energy level	# cone marker	*Role Play	* Mass Exercises to be integrated with respiration system.	* Name any two running events	*Animation , *PPT Slides, *YouTube link etc	Audio visual learning	*Oral drilling *Quizzing	# Students will be able to show case their talent.
		Game Zone.	# To improve speed ability.	# stretching exercises.							
Feb		* Revision practice of previous games. *Assessment of Term – II Examination	Term - II Examination								

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